

# “Study Exercises in Dance and Movement”



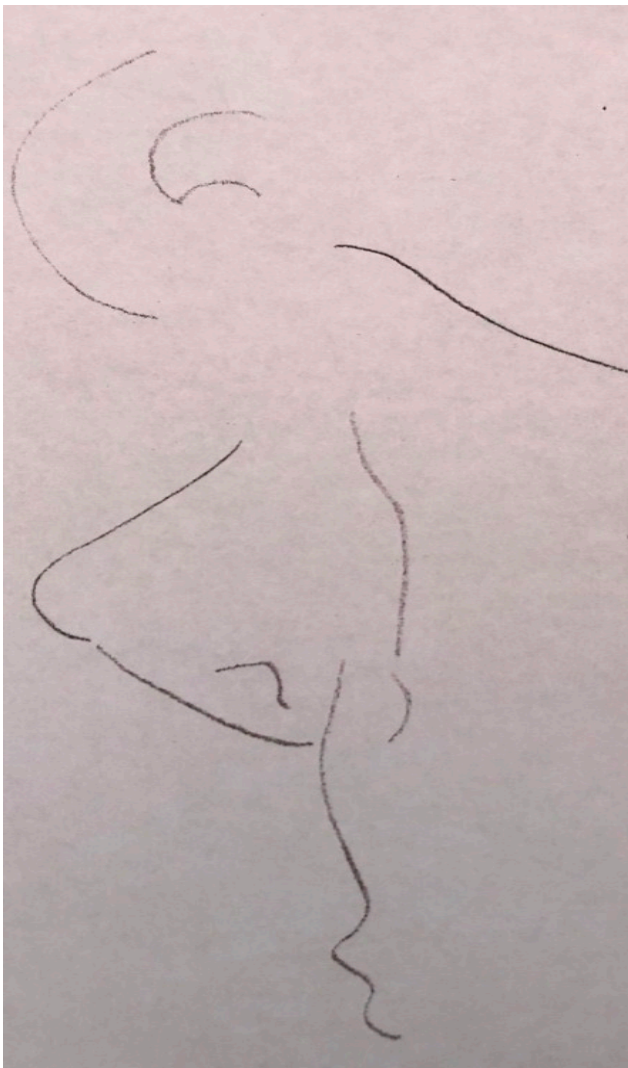
Movement to Music with small apparatus

Balls, Hoops, Clubs, Ropes and Scarves

By URSZULA BOROWSKAH

Member of International Dance Council CID,

UNESCO Paris



**Scottish Borders**

**Galashiels**

**Langlee Community Centre**

**Friday mornings**

**10.00-11.30**

**£1.50**

**For further details call**

**07432416223**

**Or email**

**[uborowskah111@uymail.com](mailto:uborowskah111@uymail.com)**

**Or contact**

**Langlee Community Centre**

At the end of the course, participants will be awarded the International Certification of the Dance Studies issued by the International Dance Council, UNESCO