

Dance Rhythm Therapy Workshop
through Primitive Expression
with France Schott-Billmann and associates,
in Tinos island, GREECE, 18-23 July 2022



DRT-I (International Association of Dance Rhythm Therapy) and the Greek representation of DRLST training (Dance, Rhythm, Social Bond, Therapy), invite you to a 6-day Dance Therapy Workshop through the Primitive Expression technique, in Tinos island, Greece, in the heart of the Aegean Sea and the Cyclades, from 18/7/2022-23/7/2022.

Primitive Expression is a dynamic, enjoyable and accessible dance technique used in Dance Rhythm Therapy and Group Mediation and is inspired by kinetic archetypes and structures, common in the dances of tribal societies, the so-called "primitive", but also in traditional dances from all over the world.

In Dance Rhythm Therapy, rhythm is central as a common basis and language for all people. Through simple symbolic movements, symmetrical or opposite, their repetition on the rhythm, the use of voice and song, play and the function of ritual, the participants channel their thoughts and feelings into artistic schemas that represent them in the present and through the whole process and the relationship with the group are positively reoriented both mentally and socially.

The method was scientifically established by the French biologist, psychoanalyst, dance therapist and professor at the Sorbonne, France Schott Billmann.

COORDINATORS:

France Schott-Billmann, Psychoanalyst and Dance Therapist with Primitive Expression, teaching at the University of Paris 5- René Descartes, at the Sorbonne, at the Master of Art Therapies. Founder of the "Atelier du Geste Rythmé" in Paris, of the DRT-I (Association Dance Rhythm Therapy - International), responsible for the international DRLST training program, author of many books and articles on dance and dance therapy.

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Eleni Chatzigeorgiou, Psychologist EKPA (National Univ. of Athens), Gestalt Psychotherapist, Dance Therapist and DRT Certified Instructor, Head of the DRLST international training in Southern Greece, Choreographer.

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Katerina Stavrou, Dance Ethnologist, Dance Therapist, certified DRT Instructor of the DRLST international training program

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Ayelet Ranen, Dance Therapist, DRT Certified Instructor of the DRLST international training program in Israel

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Vassilis Economidis, Musician

DRLST ATHENS ORGANIZATION ASSISTANT

Maria Mari : Theatrologist, DRLST trainee

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PRACTICAL INFORMATION ABOUT THE CONDUCT OF THE WORKSHOP

WORKSHOP DURATION: 30 hours (distributed in morning and afternoon, with alternation of theory and practice and breaks. Detailed information about the schedule will be given to the participants on the spot).

START OF THE WORKSHOP: Monday, July 18 at 18.00

END: Saturday, July 23 at 13.00

SPACE: The workshop will be held in a suitable room of the hotel, with the possibility, if conditions allow, to use other places in the countryside of Tinos. It is recommended that you have your driver's license with you, if you have one. During the workshop, depending on the circumstances, we may get in touch with the local music and dance tradition of Tinos and the Cyclades.

WORKSHOP COST: 370 euros (payment of workshop at the beginning).

At the end of the workshop a certificate of attendance will be given.

APPLICATIONS FOR PARTICIPATION AND ADVANCES UNTIL MAY 30, 2022:

Maria Mari, DRLST Athens Assistant

[e mail: marakos@windowslive.com](mailto:marakos@windowslive.com) or at tel: 6984726033

* The deposit to ensure your participation in the workshop is 100 euros and must be submitted by May 30. After contacting us for registration, you will be given information on how to deposit. This amount is not refundable in case the participant at his own risk does NOT appear at the workshop. The amount is refunded in full in case the workshop is canceled under the responsibility of the organizers.

** When registering your participation by mail or telephone contact with the organizers, it is important to enter your details (name-phone and e-mail)

INFORMATION ABOUT ACCOMMODATION AND ROOM RESERVATIONS

THE PLACE: Tinos is the 4th largest island of the Cyclades, wedged between Andros, Syros, Mykonos and Delos. It is famous for its lacy pigeon houses, its marble sculpture, its wonderful traditional settlements, its beaches, its music and dance tradition, its gastronomy, the hospitable mood of its inhabitants and the church of the Virgin, (Evangelistria), one of the most famous pilgrimages of Christianity.

If one wishes to prolong one's holidays, there are many boats to most of the islands of the Aegean Sea.

ACCOMMODATION: The accommodation will be at the hotel "TINOS Beach", in the area "Kionia", 2 km from the capital of Tinos, in front of the sea.

Those who do not wish to stay at the hotel should seek accommodation on their own.

ROOM RATES:

Single: 56 euros

Double: 35 euros per person

Triple: 30 euros per person

Studio (1 double bed and 2 singles): 27 euros per person

Prices include breakfast and city tax .

ROOM RESERVATIONS

For your service and in order to take care in time for the organization of your stay with the hotel in the room you want, contact Katerina Stavrou directly at:

e mail: katstavrou@gmail.com or tel. 0030 6972862819

Photos TINOS BEACH HOTEL



